



The mission of the Davis Head Start / Early Head Start fatherhood program (F.I.S.H.) is to create meaningful opportunities for men to learn and develop effective fathering skills, spend more time with their children, and become a player in the development of their child.

## Involving Fathers in your Head Start Program

### **Step 1: Become a skilled FISHerman**

- Training & Vision
- Assigned fatherhood position
- Passion for the work!

### **Step 2: Understand what you are trying to catch**

- Know your population and what their like!
- What do they know?
- What do they need?

### **Step 3: Choose the best fishing hole**

- Father-friendly environment
- Caring and trusting staff

### **Step 4: Find out what others are doing**

- Community collaboration
- Resource sharing
- Don't reinvent the wheel

### **Step 5: Use the right lures**

- Fun!
- Food!
- Family!
- Free stuff!

### **Step 6: Catch & Release**

- Get men excited about being fathers!
- Fathers advocating for other fathers.
- Share! Share! Share!

**“Fathers are the single greatest resource in the lives of American children.”**

Kyle D. Pruett, M.D., Yale Medical School

